# Hackensack Meridian Health **Committed to Improving Patient Outcomes Endocrine Surgery**

Hackensack Meridian Health's multidisciplinary approach to malignant and nonmalignant thyroid, parathyroid, and adrenal cancers utilizes innovative solutions in our focused commitment on superior outcomes for our patients.



## Alexander L. Shifrin, M.D., FACS, FACE, ECNU

Medical Director, Endocrine Surgery Surgical Director of the Center for Thyroid, Parathyroid, and Adrenal Diseases at Jersey Shore University Medical Center

#### Fellowship(s)

Endocrine Surgery - Columbia University, College of Physicians and Surgeons, New York Presbyterian Hospital Surgical Critical Care and Trauma — Penn State College of Medicine, Milton S. Hershey Medical Center

#### Residency(s)

General Surgery - Hospital of the University of Pennsylvania and Penn State College of Medicine, Milton Hershey Medical Center

### **Medical School**

St. Petersburg State Academy of Medicine, St. Petersburg, Russia

The Collaborative Endocrine Surgery Quality Improvement Program (CESQIP) - is a national program managed by the American Association of Endocrine Surgeons. CESQIP focuses on endocrine surgery quality improvement, with an emphasis on thyroid, parathyroid, adrenal, pancreatic, and gastrointestinal neuroendocrine procedures.

As a member of the CESQIP Committee, and participating surgeon in CESQIP, Dr. Shifrin and his team are able to compare patient outcomes among national peer organizations to focus on delivering quality improvements. Dr. Shifrin's patient outcomes surpass the national standard for volume, and complication rates.

# **Patient Outcome Highlights**







**356** 

# Highest patient volume compared to 185 national surgeons

- Including all thyroid, parathyroid, and adrenal surgeries

237 Highest thyroidectomy volume compared to 44 national institutions

Lowest complication rate at less than 1%
- Including all thyroid, parathyroid, and adrenal surgeries (based on 356 total surgeries)

\*All data is inclusive of CESQIP participants from August 1, 2016—August 1, 2017

For consults, call the Center for Thyroid, Adrenal, and Parathyroid Disease at 732-776-4770. We accept most insurance plans.

